# NEWS LETTER

## For Ivy Cottage Dental Care

## **Parking**

We reviewed the needs of our patients and decided to change the car park to disabled and staff only. Please only use the car park if you have a mobility issue. We will also ensure you are seen in a downstairs surgery if needed. Wheelchair users should contact us before hand so that access through the back entrance can be arranged.

### NHS 111

NHS 111 is a new service that has been introduced to make it easier for you to access healthcare services in England, You can call 111 for out of hours dental emergencies and also when you need medical help but it's not a 999 medical emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobiles.

# **Dental Therapist**

Our dental team also includes Nicky Temple who is a dental therapist. Dental therapists can carry out treatment which has been prescribed by the dentist. These can include fillings, and the treatment gum disease.



# What's New

Welcome to our practice newsletter. Our aim is to update you on what is currently happening at the practice as well as featuring ways to look after your smile.

At Ivy Cottage Dental Care, we are passionate about providing high quality dental treatment in a relaxed and friendly environment. We place a heavy emphasis on prevention and education, as better informed patients will make better dental decisions.

So whether you are a new patient or have been visiting us for many years we look forward to giving you a smile to be proud of.

Ivy Cottage Dental Care – Committed to creating your perfect smile





## **Prevention**

At Ivy Cottage Dental Care we place a heavy emphasis on prevention. Preventative dentistry is the modern way of helping you keep a healthy mouth, and can mean you need to have less dental treatment. The two main causes of tooth loss are decay and gum disease.

What will we do?

- We will show you the best way to brush your teeth and clean between them to remove plaque.
- We will talk to you about your diet and habits such as smoking and drinking which affect your risk of oral cancer.
- We will discuss with you perhaps using extra fluoride as fluoride helps resist decay.

#### **Patient Feedback**

The views of our patients matter to us. We are committed to involving you to help us maintain and improve the service we provide. There are many ways to give us your feedback - direct to a member of our team, via the Comments form available in the waiting area, via the NHS Choices website, Twitter, Facebook or by taking part in our annual satisfaction survey.

## Practice Improvements

You may have noticed that there have been some improvements to the practice. There are further refurbishments being completed at present, which are part of our ongoing improvement plan. We would like to apologise in advance for any inconvenience this may cause, but we feel it is necessary and it will benefit the experience of our patients and improve our team's working environment.

Please visit our website to have a look at some beautiful old photos of Ivy Cottage and read more about the history. We are very proud of the practice's heritage and reputation and will strive to build on it as we enter a new era.

# Who are the dental team looking after you?

The practice is now owned by Dr Lee-Anne Wilmot and Dr Rebecca Davidson. They are supported by three other dentists: Dr Gardner, Dr Majid, and Dr Casserly. The dental team consist of Nicky Temple, who is a dental therapist, our practice manager Wendy Langdale and ten very qualified dental nurses and reception staff.

Look out for some photos of the staff in the waiting room or visit our website www.ivycottagedentalcare.co.uk

